

**Ashland Council On Aging
May 5, 2016**

Guests: Susan Wells, Alexis Christopher, Joanne Duffy, Lillian Feinberg, Kim Kotob and Jan Borelli

Board Members: Izzy Assencoa, Ed Brudz, Arthur Caya, Alice Smart, Barbara Thoreson, Diane Hansen, Carol Love, and James Zebrowski

Absent: Jay Wichenbach

Meeting called to order at 10:05

Council on Aging meeting minutes of April 7, 2016, were read. Motion was made by Barbara and accepted by Izzy,

Issues and discussions: None

Old Business: Diane has decided to pursue being the Bay Path representative. A motion was made by Alice and seconded by Jim.

Bocci will start May 12, at 9:00 and continue every Thursday. Rules will be printed and given to all participants.

Ed went to the selectmen's meeting on April 20. He included a summary of the meeting and the BOS Grants approved.

Open Meeting Laws meeting to be held May 23, at 6:00 pm at the Community Center.

New Business: None

Outreach Report:

Sue discussed an upcoming tour of Waterview Lodge Nursing Home, she also mentioned the generosity of St. Vincent DePaul and Lion's National Organization in their helping of our seniors in need.

Directors Report:

Numbers down due to cancellation of some exercise classes and various other reasons.

BAA grant money for exercise programs is down from \$7,500 to \$5,000.

Bay Path has grants available, but the process can be very long and complicated

Other issues discussed were mental health and housing.

It was decided that Monday lunch speakers should keep the topics lighthearted and fun, rather than serious. Also decided was the need of soft background music. A sound system is available and will be used.

Around the Table:

Only one item was mentioned by Izzy. He is going to talk to the Board of Selectmen regarding an advocate for seniors.

A motion to adjourn was made by Arthur and seconded by Barbara.

Respectfully submitted,
Diane Hansen