



# Town of Ashland

M A S S A C H U S E T T S

## Ashland School Committee Wellness Sub-Committee Meeting

December 6, 2022

### School Committee

Laurie Tosti, Chair  
Marc Terry, Vice Chair  
Christina Fitanides, Secretary  
Erin Williams, Member  
Paul Kendall, Member

### School Administration

Jim Adams, Superintendent  
Dr. Michael Caira, Assistant Superintendent  
Chris Mathieu, Director of Finance and Operations

Location: Online Zoom Meeting

<https://us02web.zoom.us/j/85183166067?pwd=aDJ4c3dreK43enVTYXdOYIV4Q3Fsdz09>

## AGENDA

### Projected Timeline    Order of Business

- 6:00 PM    1. Open Meeting- Call to Order
- 2. Review of Agenda
  - 3. Public Comment
  - 4. Introduction of Members
  - 5. Committee Organization
  - 6. Purpose of Wellness Sub-Committee
  - 7. Review & Initial Discussion on Current Wellness Policies
  - 8. Discussion on Potential Goals
  - 9. Meeting Dates
    - December 6, 2022
    - February 7, 2023
    - April 4, 2023
    - May 2, 2023
- 7:30 PM    10. Adjourn