

Flashland Council on Aging

Meeting Minutes for January 5, 2023

Called to order at 10:01 a.m.

Attendees:

Board Members

Sara Perkett

Debbie Connaughton

Diane Hansen

Fran Blake

Pat McHale

Steve Mitchell

Alexis Christopher

Lisa Uglialoro

Jean Delouchry

Guests:

Candi Wilson (Director)

Cheryl Bell (Outreach Coordinator)

Ed Brudz

Mission Statement: read by Fran Blake

Citizen Participation:

None.

Secretary's Minutes:

Alexis moved to approve the December 2022 minutes. Diane seconded the motion. Approved 9-0.

Director's Report:

Alexis made a motion to approve the Director's Report. Jean seconded. Approved 9-0.

Old Business:

1. Diane gave an update on Springwell. Pat may attend the March Springwell meeting.
2. Re: trash fees and a discount for seniors - Town Manager has stated there will continue to be discounted fees for seniors.

Board Reports:

1. Alexis requested to review where we are with the survey. Lisa will update the survey as discussed. Survey will close one month after initiation.

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2. Pat: every person should plan goals; we should analyze the ages of the population of participants and where people are coming from.

New Business:

1. The Council discussed creating a document of short and long term goals. Based on Select board experience, Steve recommended creating a master list and defer distinguishing between short and long term goals for a future meeting. Steve will provide a link for the Select Board goals document.
2. The Chair began to list suggested goals on a white board. This list included the following:
 - a. Senior survey
 - b. Intergenerational programs and events
 - c. Attracting male participants
 - d. Increase senior participation at the Community Center
 - e. Improve and increase communication to all Ashland seniors
 - f. Advocacy for Senior programs and services
 - g. Programming outside of the Community Center
 - h. Improve Council branding
 - i. Relationship with Friends of the Council group
 - j. Potential collaborations with other area Councils
 - k. Offsite events
 - l. Welcome letter to new senior residents
 - m. Collaborations with other Ashland organizations (example: ABA)
 - n. Collaborations with Ashland Public Library
3. The Council discussed a 2nd January meeting, which was scheduled for January 19 at 10 AM.

Adjournment:

Motion to adjourn made by Alexis. Jean seconded. Approved 8-0 (Lisa left the meeting early).

Meeting adjourned at 11:54 a.m.

Submitted by Secretary, Lisa Ugialoro, in collaboration with Steve Mitchell

Documents distributed: December 2022 minutes, Director's Report