

Fishland Council on Aging

Meeting Minutes for October 6, 2022

Called to order at 10:04 a.m.

Attendees:

Board Members

Alexis Christopher

Pat McHale

Fran Blake

Sara Perkett

Lisa Ugliarolo

Debbie Connaughton

Jean Delouchry

Diane Hansen

Absent: Corinne Hickey

Guests:

Ana Vladimirov (Program & Volunteer Coordinator)

Jon Fetherston

Candi Wilson (Outreach Coordinator)

Ed Brudz

Jenn Ball

Mission Statement: read by Sara Perkett

Election of 2022-2023

Chair

Nomination – Sara by Alexis

Second by Diane

Vote 8-0

Vice-Chair

Nomination – Fran by Alexis

Second by Diane

Vote 8-0

Clerk

Nomination – Lisa by Alexis

Second by Jean

Vote 7-0-1

Citizen Participation:

1. Steve Mitchell (absent) asked that the Council make a formal request to have the new Police Chief stop by for lunch or breakfast with the seniors.

Fishland Council on Aging

Meeting Minutes for October 6, 2022

- a. She is already scheduled for the lunch on the 24th
 - b. Lisa suggested also inviting the Fire Chief to drop in
 - c. Candi will invite them both to stop in
 - d. Suggestions for other invitees maybe for December: Superintendent Adams, Paul Kendall
2. Ed: Karen Spilka's Wellness Check is being held October 22, 2022. There is a flyer up in the Community Center.

Secretary's Minutes:

Alexis moved to approve the September 2022 minutes. Diane seconded the motion. Approved 8-0.

Director's Report:

Fran made a motion to create a focus group of 4-5 people to propose ideas to how to make the Senior Center more attractive to 60-70 year old seniors. Alexis seconded. Approved 8-0. Fran will be the chair of that group.

Candi reviewed the Director's Report.

- Considering "cultural appreciation" events
- Need to add numbers of Lions volunteers to the Administrative Report statistics.
- "Celebration of Life" event in April is the 80 years old and older birthday party. Might want to rebrand the event title.

Diane made a motion to approve the September Director's Report. Alexis seconded. Approved 8-0.

Old Business:

1. Update on WACA effort: Sara hasn't heard from Barbara Chisholm. Diane will assist in the outreach efforts.

New Business:

1. Table at Senator Spilka's Health and Wellness Fair from 10-2: no one can staff; Debbie is willing to share COA/Senior Center flyers at upcoming PumpkinFest

Ashland Council on Aging

Meeting Minutes for October 6, 2022

2. Self-run afternoon Senior Center programs: Alexis shared how people might want to start their own groups gathering at the Center. Needs advertising and getting the information included on the calendar.
3. BAA grant request to support programs for the DEI effort at the Senior Center, and specifically the younger (60-70 years old) and the ethnic groups.

Alexis made a motion to submit the grant request. Lisa seconded. Approved 8-0.

Board Reports:

1. Sara: thanked Alexis for several years of service
2. Fran: noted that the building is the Ashland Community Center, not just the Senior Center
3. Pat: asked what was going on with trips; might be able to get MWTA bus to do a trip per month
4. Diane: she will have a Springwell update for the December meeting.

Adjournment:

Motion to adjourn made by Alexis. Diane seconded. 8-0

Meeting adjourned at 11:45 a.m.

Submitted by Secretary, Lisa Uglialoro

Documents distributed:

September 2022 minutes

Director's Report & attachments