

# DECISIONS AT EVERY TURN

## Prevention E-Newsletter



### What is DAET?

Decisions At Every Turn (DAET) is Ashland's community prevention coalition. We support families by sharing trusted resources, local programs, and practical tips that help youth make healthy choices.

### Why sign Up

#### Stay Informed

Get updates on youth programs, school and community resources, and local prevention efforts.

#### Support Your Child at Every Age

Access age-appropriate tips to guide conversations and healthy decision-making.

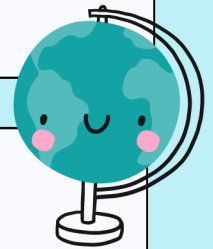
#### Connect to Your Community

Learn how to get involved and stay connected with other families and local partners.

#### Prevention Starts at Home

Find tools that support healthy choices around substance use, mental health, and well-being.

### Resources for Every Stage



#### Pre-K

- Building healthy habits and social-emotional skills early

#### Elementary School

- Encouraging confidence, communication, and positive choices

#### Middle School

- Navigating friendships, peer pressure, and growing independence

#### High School

- Supporting safe decisions, mental health, and future planning

### Join Today

Sign up for the DAET Prevention E-Newsletter

 <https://ashlanddecisions.org/>

#### Questions?

Contact the DAET Youth Coordinator,  
Berlin Awach, 508-308-0017  
or Director of Human Services and Prevention,  
Araya Landry, 508-532-7957

