

# PLAN BENEFITS – PLUS

Effective July 1, 2021

## Summary of PLUS plan benefits






This summary shows the PLUS plan benefits for many medical and behavioral health services. For a complete and detailed description of benefits and Plan provisions, see your member handbook.

- ❑ **Deductibles** – The **PLUS deductible**, which applies to services from PLUS providers, is \$500 for one person or \$1,000 for a family each plan year. The separate **non-PLUS deductible** of \$500 for one person – or \$1,000 for a family – applies to services from non-PLUS providers.
- ❑ **Out-of-pocket cost limits** – The **PLUS out-of-pocket maximum** (\$5,000 for one person and \$10,000 for a family) limits your costs for services with PLUS providers. The separate **non-PLUS out-of-pocket maximum** (\$5,000 and \$10,000) limits your costs with non-PLUS providers.
- ❑ **Allowed amounts** – All benefits shown in this summary are limited to UniCare’s allowed amounts. The allowed amount is the most that UniCare pays for a covered service.
- ❑ **Preapprovals** – Services marked with a 📞 phone symbol need to be preapproved.

**Telehealth notice** – There is no telehealth copay during the COVID-19 health emergency. Regulations concerning future telehealth benefits are currently under review in Massachusetts. For updates on telehealth services, requirements, and benefits, check [unicaremass.com](http://unicaremass.com).

## Benefits for medical care under PLUS

Service	Your member costs with PLUS providers	Your member costs with non-PLUS providers
<b>Ambulances</b>	PLUS deductible	PLUS deductible
<b>Anesthesia</b>	PLUS deductible	Non-PLUS deductible then 20% coinsurance
<b>Bereavement counseling</b>	PLUS deductible and 20% coinsurance <i>(limited to \$1,500 for a family in a plan year)</i>	Non-PLUS deductible and 20% coinsurance <i>(limited to \$1,500 for a family a plan year)</i>
<b>Cardiac rehab programs</b>	PLUS deductible	Non-PLUS deductible and 20% coinsurance
<b>Chemotherapy</b>	PLUS deductible	Non-PLUS deductible and 20% coinsurance
<b>Chiropractic care</b>	\$20 copay and 20% coinsurance <i>(limited to 20 visits in a plan year)</i>	\$20 copay, non-PLUS deductible, and 20% coinsurance <i>(limited to 20 visits in a plan year)</i>
<b>Diabetic supplies</b>	PLUS deductible	Non-PLUS deductible and 20% coinsurance
<b>Dialysis</b>	PLUS deductible	Non-PLUS deductible and 20% coinsurance
<b>Doctors – office visits</b>		
▪ Enhanced Personal Health Care PCP visits	\$15 copay	<i>Not applicable</i>
▪ Other PCP visits	\$20 copay	\$20 copay, non-PLUS deductible, and 20% coinsurance
▪ Specialist visits	\$30/60/75 copay	\$60 copay, non-PLUS deductible, and 20% coinsurance
▪ Telehealth visits	\$15 copay	\$15 copay

Service	Your member costs with PLUS providers	Your member costs with non-PLUS providers
<b>Doctors – other services</b>		
▪ At an emergency room	PLUS deductible	PLUS deductible
▪ Inpatient hospital care	PLUS deductible	Non-PLUS deductible and 20% coinsurance
▪ Outpatient hospital care	\$30/60/75 copay	\$60 copay, non-PLUS deductible, and 20% coinsurance
<b>Drug screening (lab tests)</b>	PLUS deductible	Non-PLUS deductible and 20% coinsurance
 <b>Durable medical equipment (DME)</b>	PLUS deductible	Non-PLUS deductible and 20% coinsurance
<b>Early intervention programs</b>	No member costs	No member costs
<b>Emergency room visits</b>	\$100 copay and PLUS deductible	\$100 copay and PLUS deductible
 <b>Enteral therapy</b>	PLUS deductible	Non-PLUS deductible and 20% coinsurance
<b>Eye exams (routine)</b>	\$30/60/75 copay ( <i>limited to one exam every 24 months</i> )	\$60 copay and 20% coinsurance ( <i>limited to one exam every 24 months</i> )
<b>Eyeglasses and contact lenses</b>	PLUS deductible and 20% coinsurance ( <i>limited to the first lenses within six months after eye injury or cataract surgery</i> )	PLUS deductible and 20% coinsurance ( <i>limited to the first lenses within six months after eye injury or cataract surgery</i> )
<b>Family planning services</b>	No member costs	No member costs
<b>Fitness club reimbursement</b>	Reimbursed up to \$100 for the family in a plan year	Reimbursed up to \$100 for the family in a plan year
<b>Hearing aids</b>		
▪ Age 21 and under	No member costs ( <i>limited to \$2,000 for each impaired ear every 24 months</i> )	No member costs ( <i>limited to \$2,000 for each impaired ear every 24 months</i> )
▪ Age 22 and over	No member costs for first \$500, then 20% coinsurance of the next \$1,500 ( <i>up to a total benefit limit of \$1,700 every 24 months</i> )	No member costs for first \$500, then 20% coinsurance of the next \$1,500 ( <i>up to a total benefit limit of \$1,700 every 24 months</i> )
<b>Hearing exams</b>	\$15/20/30/60/75 copay	\$20/60 copay, non-PLUS deductible, and 20% coinsurance
 <b>High-tech imaging (e.g., MRIs, CT and PET scans)</b>		
▪ Inpatient hospital	PLUS deductible	Non-PLUS deductible and 20% coinsurance
▪ Outpatient hospital and non-hospital-owned locations	\$100 daily copay and PLUS deductible	\$100 daily copay, non-PLUS deductible, and 20% coinsurance
 <b>Home health care</b>	PLUS deductible	Non-PLUS deductible and 20% coinsurance
<b>Home infusion therapy</b>	PLUS deductible	Non-PLUS deductible and 20% coinsurance
<b>Hospice care</b>	PLUS deductible	Non-PLUS deductible and 20% coinsurance
<b>Immunizations (vaccines)</b>	No member costs ( <i>you may have costs for an office visit</i> )	No member costs ( <i>you may have costs for an office visit</i> )
 <b>Inpatient services</b>		
▪ At a hospital or rehab facility (semi-private room)	\$275/500/1,500 quarterly copay and PLUS deductible	\$500 quarterly copay, non-PLUS deductible, and 20% coinsurance
▪ At a hospital or rehab facility (medically necessary private room)	<ul style="list-style-type: none"> <li>▪ <b>First 90 days:</b> \$275/500/1,500 quarterly copay and PLUS deductible</li> <li>▪ <b>After 90 days:</b> Dollar difference between the semi-private room rate and the private room rate</li> </ul>	<ul style="list-style-type: none"> <li>▪ <b>First 90 days:</b> \$500 quarterly copay, non-PLUS deductible, and 20% coinsurance</li> <li>▪ <b>After 90 days:</b> 20% coinsurance, and the dollar difference between the semi-private room rate and the private room rate</li> </ul>

Service	Your member costs with PLUS providers	Your member costs with non-PLUS providers
<b>Inpatient services</b> <i>(continued)</i> <ul style="list-style-type: none"> <li>▪ Neonatal ICU</li> </ul>	<ul style="list-style-type: none"> <li>▪ <b>At a designated hospital:</b> \$275 quarterly copay and PLUS deductible</li> <li>▪ <b>At other hospitals:</b> \$275/500/1,500 quarterly copay and PLUS deductible</li> </ul>	<ul style="list-style-type: none"> <li>▪ <b>At a designated hospital:</b> \$275 quarterly copay and PLUS deductible</li> <li>▪ <b>At other hospitals:</b> \$500 quarterly copay, non-PLUS deductible, and 20% coinsurance</li> </ul>
<b>Lab services</b>	PLUS deductible	Non-PLUS deductible and 20% coinsurance
<b>Occupational therapy</b>	\$20 copay	\$20 copay and non-PLUS deductible
<b>Office visits</b>		
<ul style="list-style-type: none"> <li>▪ Enhanced Personal Health Care PCP visits</li> </ul>	\$15 copay	<i>Not applicable</i>
<ul style="list-style-type: none"> <li>▪ Other PCP visits</li> </ul>	\$20 copay	\$20 copay, non-PLUS deductible, and 20% coinsurance
<ul style="list-style-type: none"> <li>▪ Specialist visits</li> </ul>	\$30/60/75 copay	\$60 copay, non-PLUS deductible, and 20% coinsurance
<ul style="list-style-type: none"> <li>▪ Telehealth visits</li> </ul>	\$15 copay	\$15 copay
<b>Oxygen</b>	PLUS deductible	Non-PLUS deductible and 20% coinsurance
<b>Personal Emergency Response Systems (PERS)</b>		
<ul style="list-style-type: none"> <li>▪ Installation</li> </ul>	PLUS deductible and 20% coinsurance <i>(limited to \$50 in a plan year)</i>	PLUS deductible and 20% coinsurance <i>(limited to \$50 in a plan year)</i>
<ul style="list-style-type: none"> <li>▪ Rental</li> </ul>	PLUS deductible and 20% coinsurance <i>(limited to \$40 a month)</i>	PLUS deductible and 20% coinsurance <i>(limited to \$40 a month)</i>
<b>Physical therapy</b>	\$20 copay	\$20 copay and non-PLUS deductible
<b>Prescription drugs</b>	<ul style="list-style-type: none"> <li>▪ From a network pharmacy (30-day supply): \$10/30/65 copay</li> <li>▪ By mail order (90-day supply): \$25/75/165</li> </ul> <p style="text-align: center;"><i>Benefits are administered by Express Scripts. Call 855-283-7679 for information.</i></p>	
<b>Preventive care</b>	No member costs	No member costs
<b>Private duty nursing in a home setting</b>	PLUS deductible and 20% coinsurance <i>(limited to \$8,000 in a plan year)</i>	Non-PLUS deductible and 20% coinsurance <i>(limited to \$8,000 in a plan year)</i>
<b>Prosthetics and orthotics</b>		
<ul style="list-style-type: none"> <li>▪ Breast prosthetics</li> </ul>	PLUS deductible	Non-PLUS deductible
<ul style="list-style-type: none"> <li>▪ Other prosthetics and orthotics</li> </ul>	PLUS deductible and 20% coinsurance	Non-PLUS deductible and 20% coinsurance
<b>Radiation therapy</b>	PLUS deductible	Non-PLUS deductible and 20% coinsurance
<b>Radiology (e.g., X-rays)</b>		
<ul style="list-style-type: none"> <li>▪ Inpatient hospital</li> </ul>	PLUS deductible	Non-PLUS deductible and 20% coinsurance
<ul style="list-style-type: none"> <li>▪ Outpatient hospital and non-hospital-owned locations</li> </ul>	PLUS deductible	Non-PLUS deductible and 20% coinsurance
<b>Retail health clinic visits</b>	\$20 copay	\$20 copay
<b>Skilled nursing and long-term care facilities</b>	PLUS deductible and 20% coinsurance <i>(limited to 45 days in a plan year)</i>	PLUS deductible and 20% coinsurance <i>(limited to 45 days in a plan year)</i>
<b>Sleep studies</b>	PLUS deductible	Non-PLUS deductible and 20% coinsurance
<b>Speech therapy</b>		
<ul style="list-style-type: none"> <li>▪ With an autism diagnosis</li> </ul>	No member costs	Non-PLUS deductible and 20% coinsurance
<ul style="list-style-type: none"> <li>▪ All other speech therapy</li> </ul>	No member costs <i>(limited to 20 visits in a plan year)</i>	Non-PLUS deductible and 20% coinsurance <i>(limited to 20 visits in a plan year)</i>

Service	Your member costs with PLUS providers	Your member costs with non-PLUS providers
<b>Surgery</b>		
▪ Inpatient hospital	PLUS deductible <i>(you also have an inpatient copay; see “Inpatient services”)</i>	Non-PLUS deductible and 20% coinsurance <i>(you also have an inpatient copay; see “Inpatient services”)</i>
▪ Outpatient hospital	\$110/110/250 quarterly copay and PLUS deductible	\$110 quarterly copay, non-PLUS deductible, and 20% coinsurance
▪ Non-hospital-owned locations	PLUS deductible	Non-PLUS deductible and 20% coinsurance
<b>Telehealth visits</b>	\$15 copay	\$15 copay
<b>Tobacco cessation counseling</b>	No member costs <i>(limited to 300 minutes in a plan year)</i>	No member costs <i>(limited to 300 minutes in a plan year)</i>
<b>Transplants</b>		
▪ At a Quality Center or Designated Hospital for transplants	\$275/500/1,500 quarterly copay and PLUS deductible	\$275/500/1,500 quarterly copay and PLUS deductible
▪ At other hospitals	\$275/500/1,500 quarterly copay, PLUS deductible, and 20% coinsurance	\$500 quarterly copay, non-PLUS deductible, and 20% coinsurance
<b>Urgent care center visits</b>	\$20 copay	\$20 copay
<b>Wigs (after cancer treatment)</b>	20% coinsurance	20% coinsurance

## Benefits for behavioral health care under PLUS

Service	Your member costs with PLUS providers	Your member costs with non-PLUS providers
<b>Emergency service programs</b>	No member costs	No member costs
<b>Inpatient services</b>	\$200 quarterly copay	\$200 quarterly copay, non-PLUS deductible, and 20% coinsurance
<b>Medication-assisted treatment</b>	No member costs	No member costs
<b>Medication management</b>	\$15 copay	\$20 copay and non-PLUS deductible
<b>Office services</b>	\$15 copay	\$20 copay and non-PLUS deductible
<b>Outpatient services</b>	PLUS deductible	Non-PLUS deductible and 20% coinsurance
<b>Substance use disorder assessment / referral</b>	No member costs	No member costs
<b>Telehealth visits</b>	<ul style="list-style-type: none"> <li>▪ Visits 1-3: No member costs</li> <li>▪ After 3 visits: \$15 copay</li> </ul>	\$15 copay
<b>Therapy</b>		
▪ Individual therapy	\$15 copay	\$20 copay and non-PLUS deductible
▪ Family therapy	\$15 copay	\$20 copay and non-PLUS deductible
▪ Group therapy	\$15 copay	\$20 copay and non-PLUS deductible